

### West Orange Public Schools

**179 Eagle Rock Avenue West Orange, New Jersey 07052** (973) 669-5400, ext. 20515 Fax (973) 243-6059

Assistant Superintendent Office of Curriculum and Instruction Mrs. Eveny de Mendez

March 19, 2020

#### **Elementary PreK-5**

Dear West Orange School Family,

During an interview with the NY Times on becoming a writer, Theodor Seuss Geisel (pen name Dr. Seuss), told the reporter, "You can get help from teachers, but you are going to have to learn a lot by yourself, sitting alone in a room." As an indelible and gifted children's writer, we often reference Dr. Seuss quotes with our students for lessons learned. Here, we understand that while we are directly responsible for teaching content, what matters most is that we teach our students how to think - - - for such a time as this.

Above all else, we hope this communication finds each of our West Orange families, safe, healthy, and well! The wellbeing of our community is undoubtedly our most pressing concern and utmost priority. To protect our youngest citizens and their families, our public school buildings have closed until further directed by the Governor. Our school closures will turn spaces in our homes into virtual classrooms, where parents become school teachers and students become independent learners. Our public schools will shift in their role to providers of content, resources, and interactive instruction through the use of technology. The landscape of teaching and learning will look and feel very different and a more profound understanding of why we integrate social and emotional learning into our practice is becoming clearly relevant.

As a district, while we are overwhelmingly optimistic about the ability to continue to provide quality virtual instructional opportunities to our West Orange student body, we are sensitive to the truth that this will be experienced differently by each of our families. We will do the best that we can, with the collective resources that we have, to support each family throughout this process.

Over the past week, teams of teachers and staff have joined together, with remarkable purpose, innovation and perseverance, to create myriad remote learning opportunities. With pooled efforts, we expect to provide multiple levels of support in order for all of our students to continue learning and achieve good success. For the greater majority of our students, this learning will take place on the district's newly created *E-Learning Site*. Through this site, students will be able to enter virtual classrooms, engage in interactive learning, access supporting resources, and complete related assignments. In addition to teachers - school counselors, reading specialists, interventionists, and child study team members and related service providers will support student learning with a wide array of academic, social and emotional reinforcements.

#### E-Learning PreK - 5 Guidance Document

In this guidance document for Elementary (Grades PreK-5), you will find the following information:

E-Learning Overview	Page 2
E-Learning Expectations	Pages 3-5
Sample E-Learning Schedule	Page 6
Fun Things to Do at Home	Page 7

#### **E-Learning Overview**

For the duration of the school closure, the district will provide remote instruction for all students that will count toward the 180-day statute via an *E-Learning* platform. Multiple strategies and resources are being mobilized to provide internet access and technology devices to students without. For our families who do not have internet access or a technology device and have not yet been contacted by the district, please call the Office of Technology at (973) 669-5400 x20551 for support.

*E-Learning* will begin on Monday, March 23rd, until further directed by the Governor. Beginning Monday, you may access the *E-Learning Site* via the district website's home page. Monday will serve as a day for students to become familiar with the *E-Learning Site*. We ask that on this day you dedicate time to:

- Read through the materials provided in this packet together with students
- Become familiar with the *E-Learning Site*
- Practice accessing the virtual classrooms
- Review Tutorials located on the Parent Resource page
- Help students organize their texts and learning materials
- Identify a quiet space in your home for students to access online instruction and study
- Review and post study schedules in order to help students organize their day

On Tuesday, March 24th, virtual classes will formally begin. *E-Learning Expectations, Strategies for Student Success, and Sample Student E-Learning Schedules* for virtual instruction can be found on pages 3-4 of this document.

While our students will receive all primary communication around their daily instruction in the *E-Learning* site and via email, our parents and guardians can expect to receive daily communication from their school principals. Weekly updates from the Office of Curriculum & Instruction will be provided regarding key features of the *E-Learning* student experience. Dr. Cascone will continue to update our community on logistics concerning technology, food services and health advisories. We will communicate via email, school messenger, robo calls, social media and by posting on our school website. We ask that you, as well as our students continue to check email regularly for important messages.

We thank you for your continued support as we, as a school community, partner together to ensure that all of our students continue to receive quality instruction.

Stay well,

Eveny de Mendez Assistant Superintendent for Curriculum and Instruction

## E-Learning Expectations PreK-5

#### OVERVIEW

This guidance document serves as a resource and outline of the E-Learning Expectations for the West Orange Public Schools during the health-related closure. Via the E-Learning Site, and instructional resource packets provided to students without internet access, the District will continue to provide instruction for all students that will count toward the 180-day statute while the physical school buildings remain closed. This document outlines the structures, expectations, and tools to ensure that we continue to provide a robust learning experience for all.

This plan includes a minimum of two and a half hours of daily instruction culminating in a thirteen and a half-hour school week. These hours are in compliance with the state-mandated rules for home instruction.

Expectations for the various roles of the elementary grade level are listed below.

#### E-LEARNING STRUCTURES

- An E-Learning Day (PreK-5) will be at least two and a half hours in length for students, including all disciplines. Expectations for an elementary instructional day are shown to the right and a sample elementary student schedule can be found on page 6.
- Parents and students will be provided with instructions for how to access their virtual classrooms (daily lessons, activities, resources and assignments) on Google Sites
- Students are to complete the required reading and assignments for submission via online platforms (where available) or paper copy and submit upon return to school.
- Students are encouraged to email teachers with any questions or difficulties they are having with assignments.
- Teachers will be available to respond to students during school hours (8:45am 3:23pm).
- Teachers will respond to parent emails within 24 hours.

#### EXPECTATIONS

#### Students will...

- → access lessons and assignments for all classes
- → complete lessons/demonstrate learning as instructed by teachers
- → contact teacher(s) with questions about activities and assignments

Parents/Guardians will...

- → communicate issues or questions with staff and/or building administration as appropriate
- → support students with the virtual learning by helping students organize their learning day and accessing daily lessons and instructional activities on Google Sites / Google Classrooms
- → report student illness(es) following the district attendance procedure via email to the school principal

Day of Instruction: Student Experience				
	tary School Stud			
	Reading	30 minutes	Daily	
	Writing	30 minutes	Daily	
	Math	30 minutes	Daily	
	Science	30 minutes	3x week	
	Social Studies	30 minutes	3x week	
	Phys Ed	30 minutes	2x week	
	Electives	30 minutes	1x week	
	<ul> <li>Music</li> </ul>			
	<ul> <li>Art</li> </ul>			
	<ul> <li>Spanish</li> </ul>			

- Betty Maddalena: Constance Salimbeno <u>csalimbeno@westorangeschools.org</u>
- Gregory: Makeida Estupinan <u>mestupinan@westorangeschools.org</u>
- ♦ Hazel: Ana Marti <u>amarti@westorangeschools.org</u>
- Kelly: Dr. Joanne Pollara jpollara@westorangeschools.org
- Mt. Pleasant: Julie DiGiacomo jdigiacomo@westorangeschools.org
- Redwood: Timothy Beaumont <u>tbeaumont@westorangeschools.org</u>
- ◆ St. Cloud: Eric Price <u>eprice@westorangeschools.org</u>
- ◆ Washington: Marie DeMaio <u>mdemaio@westorangeschools.org</u>

Teaching staff will...

- → plan and provide E-Learning lessons and assignments for all classes
- → Schedule all Google classrooms posts to notify students at 8:45am
- → adhere to IEPs and 504 plans in concert with special education personnel
- → maintain regular and open communication with student families to check on student progress
- → participate in virtual meetings scheduled by the Child Study Team

School Counselors will...

- → provide resources and tools to support the social/emotional needs of students and families
- → maintain open communication with families

Nurses will...

- → be available via electronic means to provide support pertaining to student health and medical questions that may arise.
- → maintain open communication with families

Counselors / Child Study Team will...

- → provide resources and tools to support the social/emotional needs of students and families
- → maintain open communication with families

Administration will...

- → oversee the quality of instruction for all teachers in their school
- → provide communication and guidance to staff members
- → collaborate with teachers if students are not actively engaged in distance learning instruction
- → maintain open lines of communication with families
- → serve as a liaison between teachers and families

#### SPECIAL SERVICES

#### Related Services

- Students who receive Related Services including Speech Therapy, Occupational Therapy, and/or Physical Therapy will have access to E-Learning activities as follows:
  - For **Speech Therapy**, the folders are broken down by grade-level and then within each grade-level, there are folders for each area of speech including articulation, fluency, voice, language.
  - For **Occupational Therapy**, the folders are broken down into relevant areas including motor, gross motor/sensory, handwriting, visual/perceptual and then by grade-level.
  - For **Physical Therapy**, the folders are broken down by grade-level and then relevant areas including functional skills, gross motor, and strengthening

• Related Service providers will be available during school hours to respond to any questions from parents/guardians and/or students in the event of school closures.

Child Study Team

- Case managers will maintain ongoing communication and collaboration with families, as well as schedule initial determination, initial eligibility, reevaluation eligibility, annual reviews, and assess and review progress meetings via a Google Calendar conference call
- School Psychologists and School Social Workers will provide support to students and families to support the social, emotional, behavioral, and academic needs of students

#### Evaluations

- Reports for students who have been evaluated will be written by the respective evaluator and will be sent to parents/guardians upon completion.
- During school closures, any evaluation that has not yet been completed that needs to be completed in person will be completed upon returning to school.

#### SUGGESTIONS FOR STUDENT SUCCESS FOR E-LEARNING

- Set an alarm and stick to it! Waking up the same time every day is important to setting up your routine. Use the sample schedule to help you guide your day.
- Choose a quiet place to complete your work in. Use headphones if it helps you.
- Try to keep focused during your academic time
  - Avoid distractions like watching television or playing video games.
- Take breaks, as needed, but be mindful of your time so you don't get behind.
- During each academic session:
  - Read the entire lesson assigned by your teacher to understand what the expectations are.
  - □ Make sure you understand the <u>order</u> in which items are to be accomplished.
  - Organize and save all of your assignments by subject area, as paper copy assignments may need to be turned in when you return to school.
- Don't wait until the last minute. If you have a question, try reading the assignment again, asking a friend, and if that doesn't answer your question, then have a parent or guardian email your teacher during regular school day hours.

# Daily Schedule K-5



Time	Activity	Suggestions
8:00-8:15	Breakfast Time	Eat a nutritious breakfast.
8:15-9:00	Morning Routine	Make your bed. Get dressed. Brush your teeth.
9:00-9:15	Welcome your Academic Day	Flag Salute, Morning Messages
9:15-9:45	Reading Work	See your teacher's E-Learning Site to find your reading lesson
9:45-10:15	Tech Free Time	Use this time to be creative! Draw, Paint, Tell Stories, Build Legos, Play Music
10:15-10:45	Writing Work	See your teacher's E-Learning Site to find your writing lesson
10:45-11:15	Free Time/Physical Activity	If you can go outside, ride a bike, play basketball, or go for a walk! If you cannot go outside, play a game, do jumping jacks, or have a dance party!
11:15-11:45	Chore Time	Sort and fold laundry, clean room, dust, sweep
11:45-12:45	Lunch Time	Enjoy a healthy lunch
12:45-1:15	Science OR Social Studies Work	See your teacher's E-Learning Site to find your science or social studies lesson Science - 3 times a week Social Studies- 3 times a week
1:15- 1:45	Free Time/ Reflection	Reflect on how your day is going with <u>mindfulness</u> or journaling
1:45-2:15	Math Work	See your teacher's E-Learning Site to find your math lesson
2:15-2:45	Free Time & Digital Play	Set a limit to allow for fun technology. With your parent's permission only, use this time to have digital face-to-face interactions with friends and/or family via Facetime or Google Meet.
2:45-1:15	Choose your Elective	Find the special area button on your school's homepage to see your special area lessons: Monday-Spanish Tuesday-Library Wednesday-Physical Ed. Thursday-Health Friday-Art
3:15-3:30	Afternoon Routine	Clean up your work space & prepare for tomorrow's learning
•	Family Time	Dinner & family time to reflect on your day

# **35 FUN THINGS TO DO** WHEN 'STUCK' AT HOME

There are times when all of us find ourselves stuck at home. Being 'stuck' can make you feel like there is nothing to do. In moments like these, we are also more susceptible to feeling isolated and lonely, which can cause a self-perpetuating cycle of defeat and lead to unhealthy habits. We are here to help with simple ideas to do at home when you are feeling 'stuck.'

- 1. Read a book for yourself
- 2. Read a chapter book aloud with your kids
- 3. Go for a walk, run, or bike ride
- 4. Watch new or old movies and TV shows
- 5. Plan a 'camp out' in the living room
- 6. Do a puzzle
- 7. Play board or card games
- 8. Catch up on sleep
- 9. Draw or sketch
- Catch up with friends on the phone or video chat
- 11. Meditate
- 12. Dance to your favorite music
- **13.** Yoga
- 14. People or bird watch
- 15. Play a musical instrument
- 16. Clean your room and/or house
- Organize your clothing, kitchen, storage, or just about anything
- 18. Write in a journal or begin a new journal

- 19. Listen to an audiobook or podcast
- 20. Cook a new or favorite meal
- **21.** Test out your baking skills
- 22. Build a tower with block toys
- 23. Paint a portrait
- 24. Build a fort out of pillows, blankets, and furniture
- 25. Set up an indoor obstacle course
- 26. Do a crossword
- 27. Get rid of old photos and files by cleaning up your computer's hard drive
- 28. Create a scavenger hunt for your kids
- **29.** Take a walk down memory lane by telling stories
- **30.** Plan a vacation or day-trip for the future
- **31.** Teleconference with your therapist
- **32.** Spend one-on-one time with your family
- **33.** Have a picnic in the family room
- 34. Make 'breakfast for dinner'
- **35.** Write a letter and send it to a family member or friend

